



*Restore Outpatient
Therapy Services*

Welcome to Restore Outpatient!

At Restore Outpatient, we understand that all individuals are unique with different goals in life.

Our trained clinicians work with you to set realistic goals. Our treatment plans are individualized and tailored specifically for you.

Together we will work with you to help you gain and maintain the life you love.

before your visit

Bring a list of any questions you have with you.

Write down any symptoms you have and how long you've had each one. If you have more than one symptom, begin with the one that is bothering you most.

Gather important health related information, including medical history, to bring with you for your therapist to review.

what to bring to therapy

Bring your referral and orders provided by your doctor.

Bring your completed paperwork, insurance cards, and picture ID.

In order to provide you with the best experience, notify your therapist if you have visual or hearing issues. If you wear glasses or a hearing aid, please bring them with you.

what to expect

In order to complete necessary paperwork, arrive 15 minutes prior to your appointment.

Your initial visit will consist of a thorough evaluation and assessment. Your therapist will determine your goals and a treatment plan with you. Your therapist will explain our therapeutic approach, including your individualized therapy plan and any self-care education.

how to reschedule

If you need to reschedule, please contact us 24 hours in advance. Call (800) 379-0309 to speak to a representative for your clinic.

Failure to notify us will result in a \$25.00 cancellation fee per incident.

Please be sure you reschedule any visits you miss so your recovery is not delayed.