

## *benefits of partnership*

Restore Outpatient provides onsite physical, occupational, and speech therapy, wellness programs, state-of-the-art equipment, and highly trained clinicians in your community.

**We share a common goal to provide the best quality of life possible for your residents.**

We work within your community to help reduce falls, prevent declines and hospital stays, maintain census with a healthier community, better outcomes with continuity of care, and keep your residents independent and active in your community.

*\*Not all locations provide speech and occupational therapy*

## *live the life you love*

Restore Outpatient Therapy Services understands that all individuals are unique with different goals in life. Our trained clinicians will work with you to set realistic goals that are individualized and tailored specifically for you. We help you to live an independent, active, and purposeful life.

At Restore Outpatient, you are not just another number, you are our family. You are the core of Restore Outpatient and together we will work to help you gain and maintain the life that you love.

You will be treated by highly trained clinicians who will provide individualized treatment designed specifically for you. Our goal is to allow you to be your best self at any age or state of health or to help you have a safe recovery from surgery in a refreshing environment with a positive, motivating atmosphere.



***Restore Outpatient  
Therapy Services***

***Alabama • Florida • Missouri***

**[restoreoutpatienttherapy.com](http://restoreoutpatienttherapy.com)**

245 Cahaba Valley Parkway, Suite 200, Pelham, AL 35124

(800) 379-0309



***Restore Outpatient  
Therapy Services***





*we are here for you*

We individualize your treatment plan to maximize your well-being and quality of life.

If you are seeking to maintain a healthy active lifestyle, restore endurance, recover from surgery, or you have a specific need you would like to address, Restore Outpatient is here. Our registered and licensed therapists listen to your needs and concerns, listen to your goals, and work directly with you to develop a plan of care to focus on you as an individual.

Visit our website  
[restoreoutpatienttherapy.com](http://restoreoutpatienttherapy.com)

*the client experience*

Without you, our client, we would not be in business.

Our Client Experience is based on the belief that you drive our success. We actively listen and respond to your feedback and only provide direct, **one-on-one treatments**. During your visit, you will have the undivided attention of your therapist and together you will work on your individualized treatment plan. You will work together, one-on-one, in a refreshing environment with a positive and motivating atmosphere. Our goal is to help you be your best self, living the life you love.

*skilled services*

Tailor designed for you.

*Increasing range of motion and flexibility*

*Promoting strength*

*Sports rehabilitation*

*Hand therapy*

*Optimizing coordination and balance*

*Vestibular training*

*Industrial rehabilitation focusing on return to work*

*Enhancing endurance*

*Reducing fall risk*

*Promoting ability for all self-care tasks including bathing, dressing, and grooming*

*Gait training*

*Edema management (including lymphedema)*

*Control of pain, soreness, and stiffness*

*Aftercare following joint replacement and other orthopedic procedures and/or injuries*

*Medication management*

*Incontinence management*

*Deficits of swallowing*

*Cognitive training to maintain independence*

*Neurological rehabilitation*